

East Delhi's First Magazine on Art & Culture



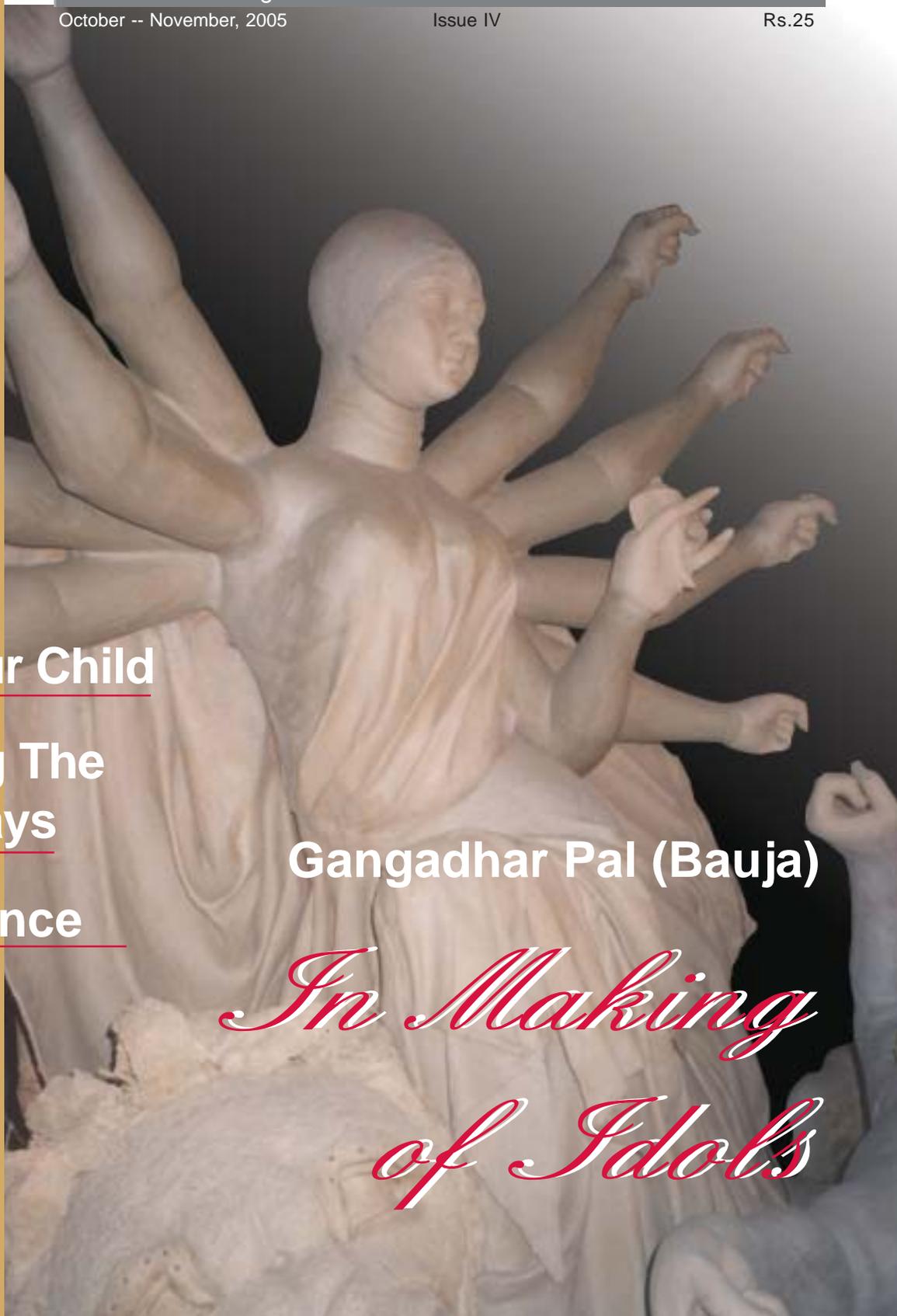
KalaShruti

Art & Culture Magazine

October -- November, 2005

Issue IV

Rs.25



Help Your Child

Trapping The
Sun's Rays

At a Glance

Tulips

Gangadhar Pal (Bauja)

*In Making
of Idols*

Self Composed

MONSOON

Monsoon brings lots of joy every year,
And also comes along floods and fear

Washing the city wet and green,
Making it fresh, bright and clean

The rainbow appears colourfull proud,
Like a giant swing hanging from the cloud

When the pearls fall in abundance,
And vanish in puddles at once

The dark clouds shout and roar,
As the world look up for more.



Ankita Agarwal
Class-VII,
Age: 12 years,
91, Engineers Estate,
I.P. Extension, Delhi-110092

ऋतुएं

सब लोगों का सच्चा कहना
ऋतुएं हैं मौसम का गहना

मंद हवा मुस्काती है, बसंत ऋतु जब आती है।
खिल जाते हैं फूल बाग में, तितलियां फिर मंडराती हैं।
ग्रीष्म ऋतु जब आती है, अपनी मस्ती लाती है।
आम, खरबूजे और टंडाई अपना रंग जमाती है।
वर्षा ऋतु जब आती है, हरियाली छा जाती है।
मोर नाचने लगते हैं, जब बादल धिर आते हैं।
इंद्रधनुष फिर आता है, नभ पर वह छा जाता है।
बच्चे खुश हो जाते हैं, पानी में नाव चलाते हैं।
पतझड़ जब आ जाता है, हरियाली ले जाता है।
लेकिन सर्दी आने का संदेश सुना कर जाता है।
शीत ऋतु जब आती है, चाय कॉफी भाती है।
गर्म जलेबी, गाजर का हलवा मम्मी हमें खिलाती है।



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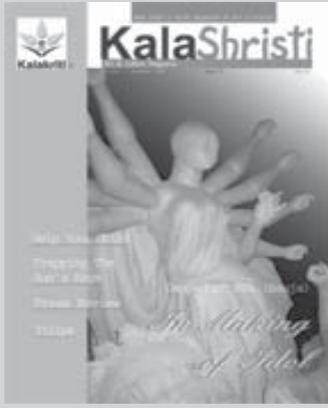
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Gangadhar Pal (Bauja)

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images (if any) through email / courier along with your passport size
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Being yourself is FUN.

Most of the time we judge ourselves by what others think about us. The real nature of a person is lost in trying to create the image that people would appreciate. Young generation is also influenced by the celebrities and try to adopt their ways of dressing, talking etc. and are loosing their originality.

The modern trend of looking different, doing things differently has increased the stress level as every body is pretending of being what they are not. If we accept and appreciate ourselves as we are , we will be more expressive, creative and productive. Instead of following others, if we try and find our hobbies and follow them, life could be happier and stressfree.

Prashanto

Prashanto K. Sarkar@kalakritifoundation.com

Gangadhar Pal (Bauja)

In Making



The human hands
make the clay come
alive and
create the idols of
Shakti which give
the puja the essence.

*D*urga Puja, the festival depicting the worship of 'Shakti' or the divine power –DURGA. Most of the religious celebrations in the world have legends surrounding them. The fables are generally the fight between the good and the evil. Worship of goddess Durga is based on the fable of victory over the demon Mahishasura, the king of Asura.

of Idols

Person at the back of many beautiful and forceful Durga idol



During Durga Puja, the goddess is welcomed to the earth as the daughter who comes at her parents home. Durga stays for four days starting from Shasti, Saptami, Ashtami and Navami along with her children (Ganesha, Lakshmi, Saraswati and Kartik). Seven days prior to the Puja, starts the Mahalaya or the beginning of “Devipaksha”.

The tradition of Durga Puja is age old festival traveling from generation to generations. Like the Durga Puja, the tradition of the idol making of Durga is also age old and has been transferred from one generation to another. The human hands make the clay come alive and create the idols of Shakti which give the puja the essence.

Bhauja (the craftsman), the artist is one such person who is at the back of many beautiful and forceful Durga idol in and around Delhi. Bhauja started by helping his grandfather and father, who were in this field. He would come back from the school and then join the elders in idol making. He has learnt the sculpting of idol in the family. According to him one can not learn these things in school and colleges as these are the traditional, technical things which are gathered from practical experience. There are three techniques/style of idol making which are – The Bengal Style, The Ajanta Style and The Modern Style. The Bengal Style is also known as ‘Ak Chaala’ (Single Frame) style. This is the oldest or the traditional style of idol making. In this style, the ornamentation is done with ‘SHOLA’ (sea wood). A white coloured very lightwood, which is carved to make ornaments. Ajanta Style is where the idols

are made in ‘Tribhanga’ (three bend standing position). The ornamentation is done in clay. All the ornaments are made out of clay and the idol is painted in one colour. Modern or the art style is one in which the idols have a modern or human like look. These are painted in multi colours and the ornaments can be of clay or of golden and silver zari.

Bhauja likes the Ajanta style of idol making the most. These idols are more sculpturous than the traditional Durga idols. As an artist he is able to fulfill his artistic interest. These idols are very artistically decorated with clay ornaments. Each portion is decorated with intricate designs. He has won first and second prizes during Durga Puja many a times. The finishing of the idols is done with clay obtained from the *Ganga* in Bengal. This gives a fine finish to the idols, but procuring it from Kolkata along with other decorative items like hair for the goddesses, lion etc. is a very difficult job, costs more than the cost of the material itself.

The artist in his free time likes to do a lot of social work for the people around him; he gets satisfaction out of this. He has a dream of sending his daughter to an art college and make her pursue higher studies. His own dream is to do the best in this ancestral profession and teach children clay work and sculpting idols ♣

Kirti B. Sarkar-KalaShristi



Rani Srivastava
Ed. Voc. Guidance Counsellor
Delhi Administration.



As the gardener helps the plants to grow, Parents also help the child to grow as a lovable and meaningful member of the society. Unfortunately there is hardly any institute, which provides any such training except the family where we are born. Actually parenthood is not often taken so seriously as it deserves to be. The importance of such parental concern has been increased due to tumultuous times: experiencing violence, corruption, adverse impact of media, drug addiction, sexual aberrations etc. There is need to know things like; how to understand, supervise, observe, guide, encourage and help the child to grow into healthy, happy and responsible citizen.

There is no dearth of books written on child psychology and related subjects but there is a wide gap between theory and practice. On the one hand we preach so much of idealism and on the other hand what goes on in the society is totally different and the poor child is confused. Even most educated parents commit such mistakes, which are detrimental for child's development.

Few Tips For (The Art of) Parenting

1. Take Time- to be your child's no.1 teacher and friend, whether good or bad you are the most influential teacher. In your jam-packed lives finding time to sustain friendships can seem harder than ever. Do not be so workaholic, that you loose your best friend, your child.
2. Play a Role Model-for your child as words and actions of parent and teachers influence the child's developing self-image much more than anything else in the world.
3. Acceptance-the greatest gift a parent can offer their children are their "Treasure of Heart", the gift of love, wisdom and courage. Accept the child as he/she is. When a family spends time together, prays together and plays together, the children know and feel that they are loved and cared by God and by their parents.
4. Understanding-your child means understanding yourself in relation to your child. Understanding the need of care,

Help Your Child

- no doubt but even more important, is understanding between themselves. Both the parents are the pre-requisite for an atmosphere of happiness and harmony in which the child can grow mentally and physically as well.
5. No Comparison-should be made with other children and your own children. Each is a single piece individual as we see no two parents are alike in looks or behaviour or reaction to the same situations how can the personality or behaviour be the same.
 6. Expectations-from children should not be very high. The child should not be treat as a tool of your unfulfilled ambitions by which the parents can fulfill their own ambitions.
 7. Encourage your child-off and on but don't praise too much. There should be a balance between praise and constructive suggestion for improvement.
 8. Nagging-is always no-no but too much pampering and bribing should also be avoided.
 9. Punishing-a child publicly is not advisable. Never insult the child in front of their friends and peer-group. Physical violence should be totally avoided.
 10. Consistency-in discipline should be maintained, socialize your child, emotions of joy, happiness, curiosity, affections, fear, jealousy, anger must be expressed but in a socially acceptable way.

In fact developing a child's personality is in a way development of a child in every aspect. It is the responsibility of the parents to see to it that the child plays enough, reads enough, socializes enough. All these activities are important in a balanced way for all round development of the child.

By and large, throughout the various stages, it needs love, warmth, affection a sense of belonging, a feeling of security, recognition and acceptance from both the parents and other members of the family help the child develop and grow in a lovable responsible, caring and affectionate person 

माटी के पुतलों का माटी से जुड़ाव सृजन की नन्हीं धाराओं को रोके नहीं, रास्ता दें



पराग कुमार मांदले

ए

क बात बताऊं तुम्हें? मेरा बड़ा मन करता है कि घर के बाहर जो मिट्टी का ढेर पड़ा हुआ है, वहाँ जाकर खूब खेलूँ। उस मिट्टी से एक किला बनाऊँ। छोटे-छोटे सिपाही बनाऊँ। हाथी-घोड़े बनाऊँ। और फिर तरह-तरह की चीजों से उस किले को सजाऊँ। क्या कहा? किन-किन चीजों से? अरे! कुछ भी हो सकती हैं। काँच की चूड़ियों के टुकड़े। टाइल्स के छोटे-छोटे टुकड़े। रंग-बिरंगे कागज की कतरन। घर में ऐसा कितना सारा सामान होता है जिसे या तो फेंक दिया जाता है या फिर कबाड़ी को दे दिया जाता है। उनमें से बहुत-सी चीजें इस किले को सजाने के काम आ सकती हैं। एक और बात बताऊँ? मुझे सागर या नदी के किनारे गीली रेत से घरोंदा बनाना भी बहुत अच्छा लगता है। पता है, जब मैं छोटा था ना, तब अपने एक पाँव पर बहुत सारी रेत जमाकर घरोंदा बनाया करता था। उसके आस-पास परकोटा बनाता था। फिर आस-पास से छोटे-छोटे शंख और सीपियाँ इकट्ठा करके उस घरोंदे को सजाता था। यह सब करने में बड़ा मजा आता था।

नदी के किनारे बड़ी महीन मिट्टी भी मिलती है। उस मिट्टी से बड़ी सुंदर मूर्तियाँ बनायी जा सकती हैं। तरह-तरह के पक्षी और जानवर। कभी कोई मुखौटा। अलग-अलग तरह के आकार-प्रकार। कभी-कभी हमारे शहर में दूर-दराज के इलाकों से कुछ मूर्तिकार भी आया करते थे। किसी सड़क के किनारे वे अपना तम्बू लगा दिया करते थे। फिर मिट्टी और प्लास्टर ऑफ पेरिस से अलग-अलग साँचों की मदद से वे कई तरह की मूर्तियाँ बनाते थे। उन्हें मूर्तियाँ बनाते हुए देखना भी बड़ा आनंददायी अनुभव हुआ करता था।

जब बारिश होती थी तो घर के आगे कई बार बहुत पानी जमा हो जाता है। क्या तुमने कभी कागज की नाव बनाकर उस पानी में चलाई है? छोटी-छोटी नाव जिस तरह से लहराकर आगे बढ़ती है, उन्हें देखकर बहुत खुशी होती है। और हाँ, जब पानी से भीगकर कुछ देर बाद वे डूबने लगती हैं, तब दुःख भी बड़ा होता है। मगर यह तो जीवन का एक हिस्सा है।

आज जो बड़े हैं, उनमें से अधिकांश ने अपने बचपन में इस तरह की चीजों से आनंद लिया होगा। मगर आज जब उनके बच्चों की बारी आती है तो वे ही लोग हजार तरह की बंदिशें अपने बच्चों पर लगा देते हैं। मिट्टी में मत खेलो, कपड़े गंदे हो जाएंगे। बारिश में मत भीगो, जुकाम हो जाएगा। यह क्या कागज काट-काटकर कचरा करते रहते हो। ऐसे कितने डायलॉग हैं, जो आजकल माँ-पाप अपने बच्चों के माथे मारते रहते हैं।

तुमको भी लगता होगा ना कि काश हमारे मम्मी-पापा भी कुछ देर के लिए हमारी तरह ही बच्चे बन जाएं। हमें तो अपनी मर्जी से खेलने दें ही, हो सके तो खुद भी हमारे साथ खेलें। मगर ये मम्मी-पापा भी बड़े अजीब होते हैं। खुद तो हमेशा यह उम्मीद करते हैं कि बच्चे बड़ों जैसा समझदारी वाला व्यवहार करें, मगर खुद कभी बच्चों जैसा बनने के लिए राजी नहीं होते। मिट्टी से खेलना दरअसल प्रकृति की सबसे करामाती चीज के सानिध्य में रहना

है। सारी सृष्टि के सृजन का आधार होती है यह मिट्टी। इस मिट्टी से बनाये हुए छोटे-छोटे आकार ही शायद बच्चों के भविष्य में चलकर एक बड़ा कलाकार बनने का आधार साबित हो। ना सही रोज, मगर कभी-कभी थोड़ी-सी सावधानी की सीख देकर बच्चों को प्रकृति के संग नाता जोड़ने की अनुमति देने में हर्ज ही क्या है?

मिट्टी से हाथ गंदे होते हैं या कपड़े गंदे होते हैं तो धुल सकते हैं मगर जो आनंद कभी-कभी मिट्टी से खेलने में आता है, वह किसी और चीज से कभी आ नहीं सकता। जुकाम ना हो, इसके लिए थोड़ी-सी सतर्कता रखना ही पर्याप्त हो सकता है मगर उसके चलते बारिश में भीगने के आनंद से ही वंचित रहा जाए, यह तो कोई समझदारी वाली बात नहीं हुई। है ना? मगर क्या करें। ये बड़े लोग हैं कि इस बात को समझते ही नहीं हैं। बच्चे तो एक न एक दिन बड़े हो ही जाएंगे, मगर ये बड़े कभी-कभी बच्चे क्यों नहीं हो जाते, यह सवाल इन बड़ों से करने का कभी-कभी बड़ा मन करता है। क्या तुम्हारा मन भी ऐसा ही करता है?



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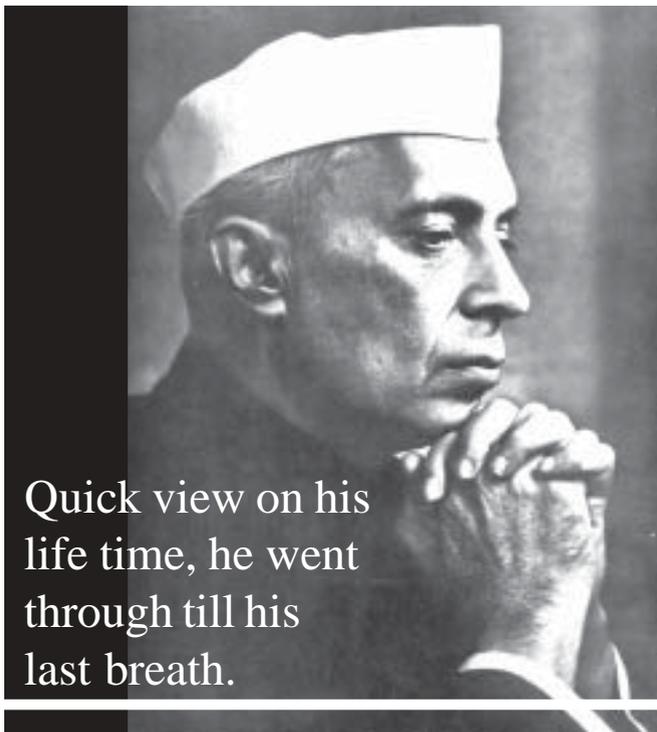
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Pandit JawaharLal Nehru



Quick view on his life time, he went through till his last breath.

1889: Born in allahabad, Grows up in an influential political family with European governess and tutors.

1907-1910: Takes the tripes in Natural Sciences gat Trinity College, Cambridge and joins Inner Temple, London.

1912: Marries Kamla Kaul, Their only child, Indira, is born the next year.

1919: The turning point in his life, while travelling on a train, he overhears General Dyer gloating over the Jallianawala Bagh massacre. Nehru vows to fight against British.

1920: Begins public career in the United Provinces (now Uttar Pradesh).. Attends special session of Congress at Calcutta as delegate.

1930s: Forms the left wing of the Congress-the Congress Socialist Party.

1937: Post-electoral victory of the congress, Nehru disagrees to coalition with the Muslim League. Also refuses to join hands with Fazu Haque's Krishak Party as well, throwing Punjab and Bengal into the waiting arms of League.

1938-1939: Openly supports Gandhian philosophy in the Gandhi-Subhas Chandra Bose rift. Bose resigns as Congress President.

1946: Declares that the Cabinet Mission Plan would altered once Congress is in power. Sparks insecurity in the league, leading to Jinah's call for Direct Action.

1947: Nehru becomes the first Prime Minister of Independent India.

1950s: Charts the course of India's development with his five-year plan, Entrusts responsibility of mobilizing resources to the public sector.

1964: Breaths last in Delhi.



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Bharatanatyam



Payal Chopra
Bharatanatyam Teacher
Kalakriti School of Art & Culture

Dancing has been an expression natural to human kind and has utilized this medium to give vent and symbolize his inner feelings of joy, sorrow, anger, elation and tolerance like bill as well as his inner emotions. According to Indian culture lord Shiva is considered as the creator of dance. He is the source of cosmic harmony and rhythm.

Bharatanatyam the classical dance is practiced in south India. The word 'Bharat Natyam' is believed to be composed of the first syllable of each of its three main elements.

Bhava or **Mood**
Raga or **Melody Song**
Tala or **Rhythmic timing**

All Classical dances have same aspect, 'The Hasta Mudra' or 'Hand Gestures'. Hand Gestures are an important part of all classical dances.

Single hand gestures are called Asamyuta hasta and double hand gestures are called Samyuta hastas. These gestures are common. Some dance styles use them more explicitly, while the other use them as a suggestion or in support.

Hand gestures or Hasta Mudra play very important role in any dance form. Some of the important Hasta Mudra in Bharatnatyam are:

Different hand gestures with their meaning are as follows:

- | | | | |
|------------------------------|---|---------------------------|---|
| 1. Ardhashandra - Half Moon. |  | 6. Anjali - Namaskar |  |
| 2. Alapadma - Lotus |  | 7. Garuda - Bird |  |
| 3. Shikra - Top or Peak |  | 8. Chakra - Wheel |  |
| 4. Bhramara - Bee |  | 9. Khattava - Bed |  |
| 5. Trishula - Trident |  | 10. Kilaka - Bond of Love |  |

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Tel: 25547328

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**JD Institute of Fashion
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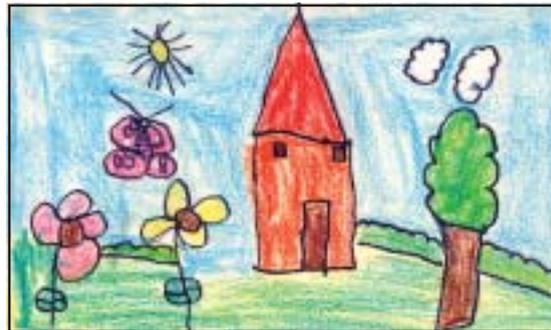
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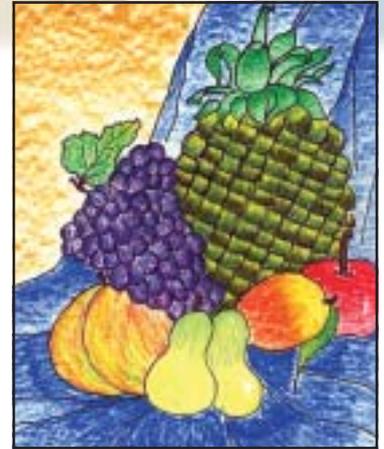
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Know your Drawings

“Don'ts” of a Composition

1. Do not put like-shaped objects directly above or below one another. Example: the trunk of the left-hand tree is directly over a fence post of similar shape. The round tree is directly beneath the round-topped mountain.



2. Do not stop a line or mass exactly against the crossing edge of another mass or line. Example: The main trunk of the centre tree stops against the mountain top. The third fence post butts its top against the nearby hillside.

“Do's” of a Composition



1. Always remember to maintain the visual eye movements in a composition by placing different objects or the elements. So that the viewers' attention does not go out of the canvas.

2. Try to break the monotony of a particular shape by placing another shape with different formation against it. Example: See the vertical shaped tower and the cross is placed against the rectangular shaped building in this composition.

Kalakriti School of Art & Culture

Trapping the Sun's Rays

The kids were on a trip to Andhra Pradesh. Naturally that included a visit to Tirupati, the famous pilgrimage town. Darshan over, the kids came back to the hotel room with their parents and grandfather.

“Are we returning home today, Dad?” enquired little Mudit. He was tired of all the sightseeing and wanted to get back home to his friends. “No, Our train back is tomorrow night. So, I thought we’ll stay here overnight and have another darshan today evening” said Dad. “In that case, I have a suggestion. I have an old friend from my army days who lives in a little village just 125 kms from here. I would like to visit him. Would the kids be interested in coming along?”

“That’s a good idea” replied Mom, “That way, they could get the feel of the real India”.

A car was hired and off went the kids with their grandfather. ‘Its hot grandpa’ complained Eesha, “Ya, Andhra Pradesh is one of our hottest states” replied Grandpa. “Will we get coke there” enquired Mudit. “Of course! Laughed Grandpa, “And lots of other things” They rounded a corner and reached a cluster of houses. “Here we are! said Grandpa. The road was too rough, so Grandpa suggested they walk down the rest of the way. They soon reached a quaint, old house and a tall, and strapping man stood on the porch to receive them. “What a big moustache” whispered Mudit to his sister. The gentleman heard it and laughed aloud as he led them into the house. “Your village is very hot. Can we have a coke please?” asked Mudit, anxiously. “Yes, it’s the hottest season of the year. But do you know the heat of the sun is also useful to us?” asked Capt. Amarnath, as he brought chilled lemon juice for the kids. “How can it be useful? It only burns our skin.” said Eesha as she enjoyed the cool juice inside the old house. “You’ll see. Have some food first and then I will show you how the sun’s heat is useful” replied the Capt. Their Grandpa and his friend soon got to talking about old times and the kids wandered around the house.

“Let’s see what is being cooked” whispered Mudit who was feeling hungry. They peeped into the kitchen and were surprised to see it empty. “There’s no one here. Wont we get any food?” said Mudit, almost crying. He was really hungry.

“Maybe they are bringing food from the hotel.” Suggested Eesha. But she was also very doubtful. “Let’s ask Grandpa. If there’s no food I don’t want to be here” said Mudit and ran up to his Grandpa. “Grandpa, Grandpa, We wont get any food. There’s no one cooking in the kitchen” he cried to him. Cap Amarnath laughed, “Food is being prepared but not in the kitchen” he said. “Not in the kitchen?”

Then where is it being made” asked Eesha “I’ll show you. Come with me” said the Capt and led the kids up the steep gloomy steps to a terrace above. There on the terrace was what looked like a huge glass frame. “Your food is being prepared here” he said “Mom always prepares food in the kitchen at home” pointed out Mudit. He thought grandpa’s friend was fooling them. “I told you the sun is useful to us. That is a solar cooker. It catches the sun’s rays, converts it into energy and the food inside the cooker is cooked” explained Capt Amarnath.

“Wow! What a great idea” exclaimed Grandpa, who had climbed up the stairs by that time. “That way you save on wood and there is less of pollution”

“Will the food get cooked quickly?” asked Mudit. He felt all this talk about pollution was okay, but if the food took time to cook, it would be useless. “Solar energy heats faster and also it retains the nutrition in food” said Capt Amarnath. “So little Mudit will grow stronger and stronger” said Grandpa, as everyone laughed.

The kids had a delicious lunch of rice, sambhar and fried potatoes, all cooked in the solar cooker. “It certainly tastes wonderful” conceded Mudit, enjoying his third helping of rice.

It was soon time to go home. Capt Uncle, showed them other amazing uses of solar heat. A lame man was pressing clothes in his handcart. He irons clothes but with solar iron said Capt Amarnath. Even Grandpa was surprised. It took 10 minutes for the iron to get heated and then he pressed the clothes.

“Do you like chips” asked Capt Uncle. “Of course” said the kids. He took them to way side stall where, once again the kids saw that the sun’s energy was being used to roast peanuts and fry chips.

“That’s for you, to eat on the way” said the Capt, handing a bag each to the kids 🌿

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